



DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY

COURSE OUTLINE – FALL 2019

PE2070 (A2): Physical Education and Leisure for Special Populations – 3 (3-0-1) UT 60 Hours

INSTRUCTOR: Julia Dutove, Ph.D. **PHONE:** 780-539-2974
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OFFICE HOURS: Drop in or by appointment

CALENDAR DESCRIPTION: This is an introduction to current trends in theory and practice in physical education and recreation for special groups. The course includes a survey of special populations and their implications for service delivery.

PREREQUISITE(S)/COREQUISITE: None

REQUIRED TEXT/RESOURCE MATERIALS:

NCCP Coaching Athletes With A Disability eLearning Module (instructions for access will be provided in class)

All other course materials will be provided through an Open Educational Resource on Moodle

OPTIONAL TEXT:

Ehrman, J. K., Gordon, P. M., Visich, P. S., & Keteyian, S. J. (2019). *Clinical exercise physiology* (4th ed.). Champaign, IL: Human Kinetics.

DELIVERY MODE(S): This course will provide students with an overview of physical activity and leisure services to special populations, the nature of such groups, models of service delivery, and the role(s) of recreational practitioners and physical educators in serving the needs of special populations. Course content will be presented through various methods such as lectures, guest lectures, films, videotapes, field trips, physical activities, panel discussions, and small group research.

COURSE OBJECTIVES:

1. To dispel common myths and stereotypes related to special populations and to examine the relationship between attitudes(s) and service delivery.
2. To acquire knowledge about important characteristics of people with a disability or special need(s) and the relationship of these characteristics to the development of services in physical activity and leisure.
3. To introduce the students to the process of integration in the school and community settings.
4. Through the completion of projects and assignments, students will have an opportunity to develop some basic skills and leadership techniques in working with special population.
5. To provide students with the opportunity to conduct research into a particular area of special populations (e.g. persons with brain injuries, youth at risk, elderly persons, persons with alcohol or substance abuse problems or in poverty, etc.).
6. To expose students to physical activity and leisure resources, programs and services currently provided to persons with disabilities or special needs.

LEARNING OUTCOMES:

After successful completion of this course, students will be able to:

1. Identify, and describe basic information including the cause, symptoms, characteristics and physical considerations, for a variety of disabilities.
2. Identify the importance of physical activity for all people.
3. Discuss and apply the concept of seeing people's "strengths before their challenges" in order to enable persons with disabilities to participate in physical activity.
4. Describe and apply inclusive principles when planning and teaching of motor skills and various sports for individuals with disability.
5. Identify information about the support systems, programming and community resources available to practitioners/educators (locally, provincially and nationally).
6. Express beliefs and values around people who communicate, move, think, and learn in different ways.
7. Observe and practice sport for individuals with disabilities.
8. Describe and practice the creation of inclusive environments

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**. This means **DO NOT GET LESS THAN "C-" IF YOU ARE PLANNING TO TRANSFER TO A UNIVERSITY.**

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100		C+	2.3	67-69
A	4.0	85-89		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

TRANSFERABILITY:

UA, UC, UL, AU, GMU, CU, CUC, KUC.

Please consult the Alberta Transfer Guide for more information

(<http://alis.alberta.ca/ps/tsp/ta/tbi/onlinesearch.html?SearchMode=S&step=2>)

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

****Note:** all Academic and Administrative policies are available on the same page.

COURSE SCHEDULE/TENTATIVE TIMELINE:

Mondays: 11:30am-12:50pm (J203)

Wednesdays: 1:00-1:50pm (J201)

Fridays: 10:00-11:20am (Location varies, see schedule)

This schedule is subject to change based on room and field trip availability, as well as how we progress as a class. Changes will be announced in class and on Moodle.

Date	Topic	Due
Sept 4-6	Wed: Course Introduction	Bonus Quiz (Sept 5)
	Fri: Lab #1 (Part 1) – PARDS	
Sept 9-13	Mon: Lab #1 (Part 2) – PARDS	Lab #1 due (Sept 9)
	Wed: Introduction to adapted physical activity	
	Fri: Lab #2 – Sitting Volleyball (Gym)	
Sept 16-20	Mon & Wed: Introduction to adapted physical activity	
	Fri: Lab #3 – Adaptations (Black Box – L104)	
Sept 23-27	Mon & Wed: Physical disabilities	
	Fri: Lab #4 – Crystal Park tour	
Sept 30-Oct 4	Mon & Wed: Physical disabilities	Lab #3 due (Sept 30)
	Fri: Lab #5 – Wheelchair introduction (Gym)	
Oct 7-11	Mon: Physical disabilities	Lab #4 due (Oct 7)
	Wed: Test #1	Test #1 (Oct 9)
	Fri: Lab #6 – Wheelchair basketball (Gym)	
Oct 14-18	Mon: No Classes (Thanksgiving)	
	Wed: Social communication disorders	
	Fri: Lab #7 – Wheelchair rugby (Gym)	
Oct 21-25	Mon & Wed: Social communication disorders	
	Fri: Lab #8 – Boccia (Gym)	
Oct 28-Nov 1	Mon & Wed: Behavioural & learning disabilities	
	Fri: Lab #9 – Cardio & Strength Training (L129)	
Nov 4-8	Mon: Intellectual disabilities	Test #2 (Nov 6)
	Wed: Test #2	
	Fri: No Classes (Fall Break)	
Nov 11-15	Mon: No Classes (Fall Break)	
	Wed: Sensory impairments	
	Fri: Lab #10 – Sensory impairments (J203)	
Nov 18-22	Mon: Sensory impairments	Lab #10 due (Nov 18)
	Wed: Organized sport	
	Fri: Lab #11 – Goal ball (Gym)	
Nov 25-29	Mon & Wed: Organized sport	
	Fri: Lab #12 – Sledge hockey (Coca Cola Centre)	
Dec 2-6	Mon & Wed: Rethinking disability	Practical Experience Project (Dec 6)
	Fri: Practical Experience Project due	
Dec 9	Mon: Review	

EVALUATIONS:

Test #1 & #2	15%	Oct 9 & Nov 6
Final Exam	30%	During Finals: December 11-20
Teaching Assignment	10%	Due throughout semester
Practical Experience Project	20%	Due December 6
Labs	15%	Due throughout semester
Case Studies	10%	Due throughout semester

STUDENT RESPONSIBILITIES:

- Regular attendance is a key to success in this and every other course. It is the student's responsibility to acquire any materials and content missed due to absence. Missed labs that are not excused will result in a 0 for the lab and cannot be made up. Excused absences include GPRC Athletics travel or medical issues **and require documentation**.
- Appropriate clothing (e.g., workout clothes and clean running shoes) is required for labs. Because participation in activities is required as part of the class, please inform the instructor if you are unable to participate for any reason. Modifications will be made if needed to allow all students to participate.

ADDITIONAL INFORMATION:

Tests and Final Exam:

Tests will cover lectures, labs, and related readings/resources. The final exam will cover all material (lectures and labs) but with a heavier emphasis on the content after the second test and application of content.

Teaching Assignment:

You will work in a small group to introduce a sport/physical activity and run a session in the gym. Groups, dates, and activities will be assigned at the start of the semester.

Practical Experience Project:

You are required to volunteer with an adapted physical activity or leisure program for a special population for a minimum of 20 hours, with minimum of 5 hours with Wolverines. You will hand in a final project at the end of the semester based on your experiences. Late projects will be deducted 10% per day including weekends up to 4 days late. After 4 days late, projects will not be accepted. If you have an issue or concern (e.g., illness or family emergency), contact the instructor as soon as possible.

Labs:

Lab points will be given for participation in labs each week, including being on time, wearing appropriate attire, staying off your phone, and fully participating in the activities. Some labs will have submissions to be handed in according to the schedule above. Late lab submissions will be deducted 10% per day including weekends up to 4 days late. After 4 days late, labs will not be accepted. If you have an issue or concern (e.g., illness or family emergency), contact the instructor as soon as possible.

Case Studies:

Some topics will include case studies that require advance reading and preparation to participate fully in class discussion and activities. Grades for case studies will be based on preparation and in-class work.