



DEPARTMENT OF PHYSICAL EDUCATION AND KINESIOLOGY.

COURSE OUTLINE – FALL 2012.

PE 2030 Skill Acquisition and Performance. – 3 (3-0-1) UT 60 HOURS.

INSTRUCTOR: Ron Thomson

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OFFICE: K219

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OFFICE HOURS: Tuesday and Thursday 2:00pm – 4:00pm

PREREQUISITE(S)/COREQUISITE: None

REQUIRED TEXT/RESOURCE MATERIALS:

1. Schmidt, R. A. and Wrisberg, C. A. (2004). Motor learning and performance: A problem based learning approach (4th ed.). Champaign, IL: Human Kinetics.
2. Leonard, George. (1991). Mastery. New York: Plume.

CALENDAR DESCRIPTION: The course presents a psychological approach to understanding human motor behaviour. The course will examine the processes involved in learning motor skills and controlling movement and the factors that influence acquisition and performance.

CREDIT/CONTACT HOURS: PE 2030 consists of two, eighty minute instructional sessions and one, 50 minute lab session.

Lectures	Monday and Wednesday – 10:00am-11:20am	Room J204
Lab 1	Thursday – 2:30pm – 3:20pm	Room J204

DELIVERY MODE(S): The course work includes lectures, class discussions, group work, and in-class exercises.

OBJECTIVES:

1. To gain an understanding of the fundamental processes underlying the learning and performance of all kinds of movements.
2. To understand how to apply motor learning principles to help teaching, coaching, rehabilitation and ergonomics.
3. To understand why and how some characteristics of the learner affect skill acquisition and performance.
4. To understand how the learning environment affects skill acquisition and performance.
5. To provide an opportunity to apply theory to field situations.
6. To gain an understanding of the various measurement methods of motor performance.

TRANSFERABILITY: UA, UC, UL, AU, AF, CU, CUC, KUC

**** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

GRADING CRITERIA:

In Class Tests

75%

Test #1	15%
Test #2	15%
Test #3	15%
Test #4	15%
Test #5	15%

Lab Assignments

10%

*Students seeking an excellent rating on class lab assignments must be able to illustrate good learning behavior by being punctual, considerate towards others, have a good work ethic, and help to create a good learning environment for the class.

Final Poster Project

15%

GRANDE PRAIRIE REGIONAL COLLEGE			
GRADING CONVERSION CHART			
Alpha Grade	4-point Equivalent	Percentage Guidelines	Designation
A ⁺	4.0	90 – 100	EXCELLENT
A	4.0	85 – 89	
A ⁻	3.7	80 – 84	FIRST CLASS STANDING
B ⁺	3.3	77 – 79	
B	3.0	73 – 76	GOOD
B ⁻	2.7	70 – 72	
C ⁺	2.3	67 – 69	SATISFACTORY
C	2.0	63 – 66	
C ⁻	1.7	60 – 62	
D ⁺	1.3	55 – 59	MINIMAL PASS
D	1.0	50 – 54	
F	0.0	0 – 49	FAIL
WF	0.0	0	FAIL, withdrawal after the deadline

Note: There may be slight deviations from this system in the conversion of percentage grades to alpha grades depending on the grouping of marks within the class.

STUDENT RESPONSIBILITIES: It is particularly important to save a copy of any written work to be handed in for credit or grading.

STATEMENT ON CELL PHONE AND OTHER PERSONAL ELECTRONIC DEVICES:

- Users of cell phones and other personal electronic devices must be attentive to the needs, sensibilities and rights of other members of the College community. **The use of these devices must not disrupt the functions of the College overall and its classrooms and labs.** Instructors have the right to have strict individual policies related to cell phones in order to provide and maintain a classroom environment that is conducive to learning and the respect of others.
- **Cell phones, PDAs and pagers must be turned off and placed out of sight in classrooms and computer labs during instructional time. Devices can be turned on**

and set to silent mode only with the expressed consent of individual instructors.

Sending or receiving text messages or gaming on a cell phone during class is not acceptable.

In addition, cell phones and other personal electronic devices incorporating cameras must be turned off and out of sight in any area in which individuals have reasonable expectations of privacy. This includes classrooms and computer labs.

- If cell phones, pagers, calculators, recorders, digital cameras, PDAs, MP3 players or other personal electronic devices are used inappropriately for the purposes of cheating or academic dishonesty, then students who do so will be penalized appropriately under the Academic Honesty policy of Grande Prairie Regional College.

STATEMENT ON PLAGIARISM AND CHEATING:

Refer to the Student Conduct section of the College Admission Guide at

<http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

COURSE SCHEDULE/TENTATIVE TIMELINE: See course schedule document. This is a tentative document that may change as the course progresses. It is the students responsibility to be aware of any changes. Changes will be announced in class or via Moodle.