



## **DEPARTMENT OF NURSING EDUCATION AND HEALTH STUDIES**

### **COURSE OUTLINE – SPRING 2020**

**NS2220 (AC2): Indigenous Health in Canada – 3 (3-0-0) 45 Hours/7 Weeks**

**INSTRUCTOR:** Velna Clarke Arnault

**PHONE:** 780-539-2897

**Cell:**780-217-5566

**OFFICE:**H216

**E-MAIL:** vclarke@gprc.ab.ca

**OFFICE HOURS:**

**By appointment  
through text, phone  
or Zoom**

#### **CALENDAR DESCRIPTION:**

This course is offered in response to the Truth and Reconciliation Commission of Canada: Calls to Action, and is the beginning step to culturally safe interaction and practice. Focus is on introducing students to a variety of historical realities and contemporary issues relevant to Indigenous health in Canada. Students will examine issues and contributions facing settler relations from a historical, contemporary and critical perspective, with a focus on health and well-being.

#### **REQUIRED TEXT/RESOURCE MATERIALS:**

There are no required textbooks for this course. There will however be a list of readings and other resources for you to access each week on the Moodle site.

**DELIVERY MODE(S):** Zoom Meetings, discussions, forums and videos.

#### **LEARNING OUTCOMES:**

**Upon completion of this course, the student must be able to:**

1. Understand the historical and contemporary realities relevant to Indigenous health in Canada.
2. Develop self-awareness about Indigenous peoples relationship to colonialism and its impacts.
3. Examine our own attitudes and beliefs of Indigenous histories and cultures in Canada.
4. Develop and explore cultural humility.
5. Develop an understanding of Indigenous teachings and practices through interactions with Indigenous knowledge keepers and elders.
6. Reflect and critically analyze perceptions and knowledge through / in Indigenous worldviews.

## TRANSFERABILITY:

**\*Warning:** Although we strive to make the transferability information in this document up-to-date and accurate, **the student has the final responsibility for ensuring the transferability of this course to Alberta Colleges and Universities.** Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at Alberta Transfer Guide main page <http://www.transferalberta.ca> or, if you do not want to navigate through few links, at <http://alis.alberta.ca/ps/tsp/ta/tbi/onlinesearch.html?SearchMode=S&step=2>

**\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

## Course evaluation

Assignments/Course components	Dates	Weight	Course objectives no.
1. Reflection 1	Due May 1, 2020	10%	1
Reflection 2	Due May14, 2020	10%	2, 3, 4
Reflection 3	Due May 29, 2020	10%	5, 6
2. In-Class Presentation Via Zoom			
o Project Proposal	May 29 2020	10%	1, 2, 3, 4, 5, 6
o Group Presentation	Present on Week 7	20%	
3. Participation	Weekly	20%	1, 2 ,3, 4, 5, 6
4. Weekly Discussion	Weekly	20%	1, 2, 3, 4, 5, 6

Students may receive a grade of D or D+ in an assignment, but must have an overall grade of C to achieve a passing grade in a nursing course.

## GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100	C+	2.3	67-69
A	4.0	85-89	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
B	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

### Late Assignment Policy

- All assignments are expected to be passed in at the date, time and place they are due.
- Extensions on assignments may be granted and must be negotiated with the instructor prior to the due date and with a date specified for late submissions.
- A penalty of one alpha grade for each calendar day (24 hours) that an

assignment is submitted after the due date and time will be deducted from the final mark. Every subsequent 24-hours elapsed will result in the deduction of an additional alpha grade. There is a max of 3 days to submit the overdue assignment. After 3 days, a grade (0) will be given. For example: – A late assignment due on Friday at 0830hrs must be received no later than Saturday at 0830hrs to have only one alpha grade deducted. – An assignment graded at (B+) would receive an adjusted grade of (B) if handed in one calendar day late (up to a max of 3 days late).

**COURSE SCHEDULE/TENTATIVE TIMELINE:** Refer to the NS2220 Moodle page for the Course Calendar.

**STUDENT RESPONSIBILITIES:** Refer to the College Policy on Student Rights and Responsibilities at: [www.gprc.ab.ca/d/STUDENTRESPONSIBILITIES](http://www.gprc.ab.ca/d/STUDENTRESPONSIBILITIES)

For policies related to clinical absences, immunizations, uniforms, and other clinical requirements please see the GPRC Department of Nursing Education & Health Studies Student Handbook on Moodle.

### **STATEMENT ON PLAGIARISM AND CHEATING:**

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at <https://www.gprc.ab.ca/about/administration/policies>

\*\*Note: all Academic and Administrative policies are available on the same page.

### **Required resources**

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André, S., & Low, G. (2009). *American Psychological Association (APA) 6th edition: Referencing tips*. Edmonton, AB. Retrieved from eClass Undergraduate Programs - Undergraduate Student Resource Site. Click on Writing Tools: [APA 7<sup>th</sup> Edition Interactive Referencing Tips](#). A video with voice-over power point and step-by-step guide for scholarly writing using APA.

Canadian Nurses Association. (2017). *Code of ethics for registered nurses*. Retrieved from <https://www.cna-aic.ca/~media/cna/page-content/pdf-en/code-of-ethics-2017-edition-secure-interactive.pdf?la=en>

College and Association of Registered Nurses of Alberta. (2011). *Primary health care: Vision, roles, and opportunities*. Edmonton, AB: Author. Retrieved from [https://www.nurses.ab.ca/docs/default-source/document-library/position-statements/primary-care-vision-roles-opportunities.pdf?sfvrsn=319160d5\\_14](https://www.nurses.ab.ca/docs/default-source/document-library/position-statements/primary-care-vision-roles-opportunities.pdf?sfvrsn=319160d5_14)

College and Association of Registered Nurses of Alberta (2010). *Ethical decision-making for registered nurses in Alberta: Guidelines and recommendations*. Edmonton: Author. Retrieved from [https://www.nurses.ab.ca/docs/default-source/document-library/guidelines/rn-ethical-decisions-making.pdf?sfvrsn=d714472f\\_10](https://www.nurses.ab.ca/docs/default-source/document-library/guidelines/rn-ethical-decisions-making.pdf?sfvrsn=d714472f_10)

College and Association of Registered Nurses of Alberta. (2011). *Professional boundaries for registered nurses: Guidelines for the nurse-client relationship*. Edmonton, AB: Author. Retrieved from [http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Guidelines/RN\\_ProfessionalBoundaries\\_May2011.pdf](http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Guidelines/RN_ProfessionalBoundaries_May2011.pdf)

College and Association of Registered Nurses of Alberta. (2013). *Practice standards for regulated members with The Canadian Nurses Association code of ethics for registered nurses*. Edmonton: Author. Retrieved from [http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Standards/PracticeStandards\\_Jan2013.pdf](http://www.nurses.ab.ca/content/dam/carna/pdfs/DocumentList/Standards/PracticeStandards_Jan2013.pdf)

## Supplemental Textbooks & Resources

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Please refer to Moodle for this information

## Conduct of Zoom Class

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All classes will be online with synchronous and asynchronous format. Online Etiquette is expected. Please see Moodle.

## Assignments descriptions

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### 1. Reflection: 10% each total 30%

- The reflection will be focused on assigned videos on Moodle.
- The reflection should be no more than 5 pages (double spaced) excluding title page and references.
- Please do not include an abstract.
- Submission is via Moodle by 23.59 on the day the assignment is due.
- For this assignment you must reflect upon a topic that has been meaningful to you
- Use the questions below as your headings
- Integrate literature in your reflection.
- Use the 7th edition of the APA for formatting.

Being able to reflect is essential to nursing practice. There are multiple ways of reflecting. In this assignment you are asked to use three reflective prompts/questions. The guiding reflective prompts/questions will help you to explore your own thoughts, feelings, and experiences surrounding Indigenous health in Canada and consider how this learning will change your nursing practice.

1. What hesitations/questions/interests you did not talk about in the Zoom discussions?
2. What research were you able to find to help you understand the hesitations/questions/interests you did not talk about? (i.e. personal experience, media, family, stigma, etc...)?
3. What change in perspective did this have/not have? Why is this important to or how might this impact your nursing practice?

### In-Class Presentation Via Zoom: 30%

In your groups we ask you to create and present on the topic you have selected. The digital presentation should either be in the form of an electronic poster, a photovoice, a video and/or powerpoint on an issue relevant to Indigenous health in Canada. Your presentation may address any number of different issues as long as they fall within the concepts discussed throughout the course in sections Awareness, Acknowledgement, Atonement, or Action. Your presentation will include the following:

- **Proposal** - The proposal will be one page in length following the formatting guidelines available on Moodle. The purpose of the proposal is to provide a concise description of the topic or issue your presentation will address, of the goals of this presentation and on how you will present your work, presentation. Literature must be integrated. If a proposal is judged to be underdeveloped, you may be asked for a revised copy to be submitted. In such case the original mark will not be modified. 10%

- **Presentation** - The 10 minute presentation must demonstrate your group's ability to integrate relevant resource materials(eg.,photographs, graphs, brochures, etc.) to engage your audience and have them develop a deeper understanding of your topic/issue. The presentation will be evaluated for content, presentation, and creativity. 20%

**Participation: 20%**

- Various discussion forums happening throughout the course, participation in these forms is mandatory

**Ongoing Weekly Discussion Forum: 20%**

- Discuss one thing you learned that had an impact on you
- Discuss one thing you already knew and added to the discussion
- Respond to two posts of co-students