



DEPARTMENT OF HUMAN SERVICES

COURSE OUTLINE – Winter 2021

HS 1000 – B3: Interpersonal Communication – 2 (3-0-0) 30 Hours 10 Weeks

INSTRUCTOR: Valerie Ostara **PHONE:** 780-539-2041
OFFICE: Online **E-MAIL:** vostara@gprc.ab.ca

OFFICE

HOURS: Email or call to make an appointment

TIME: Tuesdays & Thursdays 11:30 – 12:50 (Jan 5 – March 19)

WINTER 2021 DELIVERY:

Remote Delivery. This course is delivered remotely. There are no face-to-face or onsite requirements. Students must have a computer with a webcam and reliable internet connection. Technological support is available through helpdesk@gprc.ab.ca

Note: GPRC reserves the right to change the course delivery.

CALENDAR DESCRIPTION: This course will develop an awareness of and skills for interpersonal communication. Self-understanding and growth are emphasized as a foundation upon which effective interpersonal communication skills are built.

PREREQUISITE(S)/COREQUISITE: none

REQUIRED TEXT/RESOURCE MATERIALS:

Adler, R.B., Proctor, Rolls, J. A. & Proctor, R. F. (2015) LOOK: Looking Out Looking In. (3rd Canadian Ed.). Scarborough, Ontario: Nelson

DELIVERY MODE(S): Classes will be delivered online in real time with MyClass as a supplementary space. There will be lecture, small group work, class discussions, and a variety of other activities designed to promote active learning of the course content.

COURSE OBJECTIVES:

This course will provide students with:

- Awareness of and skills in interpersonal communication
- Foundations for self-understanding and personal growth, as well as the understanding that these are the elements upon which interpersonal communication skills are built.

LEARNING OUTCOMES:

Upon completion of this course learners will effectively:

1. Explain why human communication is important and describe the characteristics that define interpersonal communication.
2. Understand the principles that underlie interpersonal communication and identify the components of effective interpersonal communications.
3. Understand the development of self-concept and self-esteem and the role that they play in interpersonal communication.
4. Identify steps to improve self-concept.
5. Gain a clearer understanding of the relationship between perception and communication and develop skills to understand others more effectively
6. Understand characteristics of our spoken language and apply strategies that are designed to make verbal communication more effective.
7. Identify types of non-verbal communication and explaining how they affect our interpersonal relationships.
8. Understand the role our culture plays in the expression of emotions and how emotions impact interpersonal communication.
9. Identify barriers to effective listening and use the skills of active listening to promote interpersonal communications.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <http://www.transferalberta.ca>.

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. **Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS: There will be two quizzes worth 30% of this course (15% each). Three assignments make up 60% of the course (20% each). You will receive a detailed list of assignments the second week of classes. Participation and in class tasks will make up the remaining 10%.

GRADING CRITERIA:

Note: The passing grade for courses taken within the Human Services Department is C- (1.7).

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100	C+	2.3	67-69
A	4.0	85-89	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79			
B	3.0	73-76			
B-	2.7	70-72	F	0.0	00-59

LATE ASSIGNMENTS: Late assignments will only be accepted if arrangements have been made with the instructor prior to the assignment due date.

STUDENT RESPONSIBILITIES: The College expects students' conduct to be in accordance with basic rights and responsibilities. Please refer to the GPRC College calendar regarding rights and responsibilities.

STATEMENT ON PLAGIARISM AND CHEATING:

Refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

COURSE SCHEDULE/TENTATIVE TIMELINE:

DATE	TOPIC/CHAPTER	ASSIGNMENT/TEST
January 5	Course Outline Start Chapter One	
January 7	Chapter One – A look at Interpersonal Communication	
January 12	Chapter One – A look at Interpersonal Communication	
January 14	Chapter Two – Communication and Identity	
January 19	Chapter Two – Communication and Identity	
January 21	Chapter three – Perception	
January 26	Chapter three – Perception	
February 2	Chapter three - Perception	
February 4	Chapter four - Emotions	
February 9	Chapter four - Emotions	Assignment #1 due
February 11	Review for Quiz #1, Review Assignment #2	
February 15-19	Winter Break	
February 23	Quiz 1	Quiz 1
February 25	Chapter five - Language	
March 2	Chapter five - Language	
March 4	Chapter six - Nonverbal Communication	Assignment #2 due
March 9	Chapter six - Nonverbal Communication	
March 11	Chapter seven- Listening	
March 16	Chapter seven- Listening	
March 18	Quiz 2	Quiz 2 Assignment #3 due

Although the instructor feels that all the material in the textbook is important and interesting, **limited class time prevents discussion of all the material covered in the text.** You are responsible for learning textbook material that is not discussed in class.