GPRC

DEPARTMENT OF HUMAN SERVICES

COURSE OUTLINE – Winter 2021

HS 1000 – A3: Interpersonal Communication – 2 (2.5-0-0) 30 Hours 12 Weeks

Grande Prairie Regional College respectfully acknowledges that we are located on Treaty 8 territory, the traditional homeland and gathering place for many diverse Indigenous peoples. We are honoured to be on the ancestral lands of the Cree, Dene/Beaver and Métis, whose histories, languages, and cultures continue to influence our vibrant community. We are grateful to have the opportunity to work, learn, and live on this land.

INSTRUCTOR:	Tanya Ray	**PHONE:**	780-539-2786
OFFICE:	H209	**E-MAIL:**	tray@gprc.ab.ca

OFFICE HOURS: Monday/Wednesday 10:00-11:00. Feel free to drop by during the day, if I am unavailable please make an appointment.

TIME: Wednesday evenings from 6:00-8:20

CALENDAR DESCRIPTION: This course will develop an awareness of and skills for interpersonal communication. Self-understanding and growth are emphasized as a foundation upon which effective interpersonal communication skills are built.

PREREQUISITE(S)/COREQUISITE: none

REQUIRED TEXT/RESOURCE MATERIALS:

Adler, R.B., Proctor, Rolls, J. A. & Proctor, R. F. (2015) LOOK: Looking Out Looking In. (4th Canadian Ed.). Scarborough, Ontario: Nelson

DELIVERY MODE(S):

Remote Delivery. This course is delivered remotely. Classes will be delivered online in real time with MyClass as a supplementary space. Students must have a computer with a webcam and reliable internet connection. There will be lecture, small group work, class discussions, and a variety of other activities designed to promote active learning of the course content.

COURSE OBJECTIVES:

This course will provide students with:

- Awareness of and skills in interpersonal communication
- Foundations for self-understanding and personal growth, as well as the understanding that these are the elements upon which interpersonal communication skills are built.

LEARNING OUTCOMES:

Upon completion of this course learners will effectively:

- Explain why human communication is important and describe the characteristics that define interpersonal communication.
- Understand the principles that underlie interpersonal communication and identify the components of effective interpersonal communications.
- Understand the development of self-concept and self-esteem and the role that they play in interpersonal communication.
- Identify steps to improve self-concept.
- Gain a clearer understanding of the relationship between perception and communication and develop skills to understand others more effectively
- Understand characteristics of our spoken language and apply strategies that are designed to make verbal communication more effective.
- Identify types of non-verbal communication and explaining how they affect our interpersonal relationships.
- Understand the role our culture plays in the expression of emotions and ho emotions impact interpersonal communication.
- Identify barriers to effective listening and use the skills of active listening to promote interpersonal communications.

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page
http://www.transferalberta.ca.

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. **Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability**

EVALUATIONS:

Assignments	60%
Quizzes	30% (15% each)
Participation and in class tasks	10%

GRADING CRITERIA: A minimum grade of C- is required to pass this course.

- Assignment details and specific instructions will be discussed in class and provided on myClass.
- Assignments must be submitted in the dropbox on myClass by midnight on the due date.
- Any extensions must be discussed with the instructor ahead of time and are dealt with on an individual basis.
- All assignments must be completed in order to pass this course.

Note: The passing grade for courses taken within the Human Services Department is **C-** (1.7)

Alpha Grade	4-point Equivalent	Percentage Guidelines		Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100		C+	2.3	67-69
A	4.0	85-89		C	2.0	63-66
A-	3.7	80-84		C-	1.7	60-62
B+	3.3	77-79		D+	1.3	55-59
B	3.0	73-76		D	1.0	50-54
B-	2.7	70-72		F	0.0	00-49

COURSE SCHEDULE/_TENTATIVE_ TIMELINE:

DATE	TOPIC/CHAPTER	ASSIGNMENT/TEST
September 8	Course Outline Start Chapter One	
September 15	Chapter One – A look at Interpersonal Communication	
September 22	Chapter Two – Communication and Identity	
September 29	Chapter Three - Perception	
October 6	Chapter Three - Perception	**Assignment 1 due**
October 13	Fall Break – no class	
October 20	Chapter Four - Emotions	
October 27	Chapter Four - Emotions	
November 3	Chapter Five - Emotions	**Assignment #2 due**
November 10	Chapter Six - Language	
November 17	Chapter Six - Language	
November 24	Chapter Seven - Listening	**Assignment #3 due**
December 1	**Quiz 2**	**Quiz 2**

Although the instructor feels that all the material in the textbook is important and interesting, **limited class time prevents discussion of all the material covered in the text.** You are responsible for learning textbook material that is not discussed in class.

LATE ASSIGNMENTS: <u>Late assignments will only be accepted if arrangements have been made with the instructor prior to the assignment due date.</u>

STUDENT RESPONSIBILITIES: The College expects students' conduct to be in accordance with basic rights and responsibilities. Please refer to the GPRC College calendar regarding rights and responsibilities.

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at http://www.gprc.ab.ca/programs/calendar/ or the College Policy on Student Misconduct: Plagiarism and Cheating at https://www.gprc.ab.ca/about/administration/policies

****Note: all Academic and Administrative policies are available on the same page.