



**DEPARTMENT OF HUMAN SERVICES**

**COURSE OUTLINE – WINTER 2012**

**CD 1020 A3 HEALTH, NUTRITION, AND SAFETY – 2(2-0-0) 30 HOURS**

**INSTRUCTOR:** Theresa Suderman      **PHONE:** 780 539 2041  
**OFFICE:** H204      **E-MAIL:** tsuderman@gprc.ab.ca

**OFFICE HOURS:** Mondays / Thursdays 1:00 – 3:00

**PREREQUISITE(S)/COREQUISITE:** None

**REQUIRED TEXT/RESOURCE MATERIALS:**

Healthy Foundations in Early Childhood Settings, by Barbara Pimento and Deborah Kernested.

\*Students may incur grocery costs depending on assignment choices.

**CALENDAR DESCRIPTION:**

This course provides the knowledge, skills and attitudes required to provide for the basic health, safety and nutritional needs of young children. Requirements for healthy and safe early childhood environments will be identified. The nutritional needs of young children will be established and appropriate menu planning strategies will be explored. Developmentally appropriate practices and experiences for establishing healthful attitudes in young children will be identified.

**CREDIT/CONTACT HOURS:** 30 Hours

**DELIVERY MODE(S):** Classes will be comprised of lecture, independent and small group tasks and class discussions.

**TRANSFERABILITY:**

\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions.

Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability

**GRADING CRITERIA:**

<b>GRANDE PRAIRIE REGIONAL COLLEGE</b>			
<b>GRADING CONVERSION CHART</b>			
<b>Alpha Grade</b>	<b>4-point Equivalent</b>	<b>Percentage Guidelines</b>	<b>Designation</b>
<b>A<sup>+</sup></b>	<b>4.0</b>	<b>90 – 100</b>	<b>EXCELLENT</b>
<b>A</b>	<b>4.0</b>	<b>85 – 89</b>	
<b>A<sup>-</sup></b>	<b>3.7</b>	<b>80 – 84</b>	<b>FIRST CLASS STANDING</b>
<b>B<sup>+</sup></b>	<b>3.3</b>	<b>77 – 79</b>	
<b>B</b>	<b>3.0</b>	<b>73 – 76</b>	<b>GOOD</b>
<b>B<sup>-</sup></b>	<b>2.7</b>	<b>70 – 72</b>	
<b>C<sup>+</sup></b>	<b>2.3</b>	<b>67 – 69</b>	<b>SATISFACTORY</b>
<b>C</b>	<b>2.0</b>	<b>63 – 66</b>	
<b>C<sup>-</sup></b>	<b>1.7</b>	<b>60 – 62</b>	
<b>D<sup>+</sup></b>	<b>1.3</b>	<b>55 – 59</b>	<b>MINIMAL PASS</b>
<b>D</b>	<b>1.0</b>	<b>50 – 54</b>	
<b>F</b>	<b>0.0</b>	<b>0 – 49</b>	<b>FAIL</b>
<b>WF</b>	<b>0.0</b>	<b>0</b>	<b>FAIL, withdrawal after the deadline</b>

## EVALUATIONS:

Assignment 1	20%
Assignment 2	20%
Assignment 3	20%
Quiz 1	10%
Quiz 2	10%
Quiz 3	10%
Attendance / Participation	10%

\*Assignment guidelines will be handed out in class.

\*All three assignments must be completed in order to pass this class.

**STUDENT RESPONSIBILITIES:** It is the right of the student and of the instructor to experience a favorable learning/teaching environment. It is the responsibility of the student and of the instructor to engage in appropriate adult behavior that positively supports learning. This includes, but is not limited to, treating others with dignity and being punctual.

**\*Attendance in this course is important as a significant amount of the course content is covered through in-class tasks and discussions. Students are strongly encouraged to regularly attend classes.**

Students withdrawing from a course or program within the first 60 percent of instructional days will normally be assigned a grade of "W" and are considered to be withdrawn with permission. Grades of "W" do not negatively affect grade point averages. Students officially withdrawing after the "W" period but before the final examination shall receive a "WF". Last day to withdraw with permission from this course is February 14, 2012.

Submit your assignments on time. On time means at the end of class or, at the latest, 4:30 on the due date.

- Late assignments will be penalized :
  - 1) An initial 5% a week for late assignments. After two weeks the student cannot hand in his/her assignment.
  - 2) Should a student be allowed to resubmit an assignment a grade of 60 % is the highest grade the student can receive.

- 3) If a student lets the instructor know at least one week prior to the due date that it is not possible to have the assignment in on time a contract can be made with the instructor stating when you can submit the assignment.
- 4) Any assignment turned in and considered not to be your own work will result in the assignment being graded "0" and no opportunity to make up the assignment or missed points.

### STATEMENT ON PLAGIARISM AND CHEATING:

Refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at [www.gprc.ab.ca/about/administration/policies/\\*\\*](http://www.gprc.ab.ca/about/administration/policies/**)

\*\*Note: all Academic and Administrative policies are available on the same page.

### COURSE SCHEDULE/TENTATIVE TIMELINE:

Date	Topic	Assignment
Jan 6	Introduction	
Jan 10	Occupational Health	
Jan 13/17	Illness Prevention	
Jan 20/27	Illness Management	
Jan 31	Quiz	<b>Assignment 1 due 20%</b>
Feb 3/7/10/14	Nutrition	
Feb 17	Quiz	<b>Assignment 2 due 20%*</b>
Feb 28	Safety Promotion	
Mar 2/6/9	Safety Promotion	
Mar 13	Preventing Child Maltreatment	
Mar 16	Presentations	<b>Assignment 3 due 20%</b>
Mar 20	Quiz	

**\*Due date is dependent upon which assignment you choose.**